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# Matching your child's style to the right provider

Finding a provider who will understand your child's needs is important. Listed below are some guidelines to help you select the right child care setting for your child. These guidelines will help you understand what type of program will best match your child's personality and style.

## What is your child's personal style?

### **Adaptable**

Flexible

Approaches new situations easily

Handles transitions well

**Look for: A large group setting which provides a lot of social interaction and new experiences.**

### **Cautious**

Thoughtful

Approaches new situations slowly and cautiously

Has difficulty with transitions

**Look for: A small group setting that would seem less overwhelming to your child.**

### **Feisty**

Passionate, feels things intensely

Has a difficulty controlling strong feelings, wants, and needs

**Look for: A provider who will understand your child's personality and needs.**



## How active is your child?

### **High Activity**

Always on the go

**Look for: A program with individual schedules, safe exploration, and physical play**

### **Low Activity**

Sits quietly, watches and listens

**Look for: A small group setting that would be less overwhelming**

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## How does your child react to different situations?

### **Big Reactor**

Doesn't hold back feelings

**Look for: A provider that will respect your child's emotions and work with him/her on controlling them.**

### **Low Reactor**

Very little reaction or fussiness

Quietly plays

**Look for: A provider that will gently introduce new activities at a slower rate.**

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## How does your child tolerate change?

### **High Tolerance**

Handles changes well

Copes well with frustrations

**Look for: A program that offers challenging activities in a mixed-age setting.**

### **Low Tolerance**

Very sensitive to change

Easily frustrated and impatient

**Look for: A structured program with age-appropriate toys and activities that are less intense.**

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## How social is your child?

### **Very Social**

Enjoys talking with people

Loves to interact with others

**Look for: A program that offers group activities and group play.**

### **Take-It-Slow**

Shy around strangers

Needs time to warm up to people

**Look for: A program that allows the children to choose their own times to play with others.**

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