

Community Resources

Parenting Support:

American Red Cross (CPR).....	(217) 787-7602
Mini O’Beirne Crisis Nursery.....	(217) 525-6800
Parent Help Line Toll Free.....	1-888-727-5889
U of I Extension Services.....	(217) 782-6515
(http://parenting247.org)	
SIDS (Sudden Infant Death Syndrome).....	1-800-232-SIDS
Domestic Violence Hotline.....	1-800-799-7233

Mentoring/Youth Services

Big Brother, Big Sister.....	(217) 753-1216
Boys and Girls Club.....	(217) 544-0548
Springfield Urban League.....	(217) 789-0830
Youth Services Bureau.....	1-866-529-8300

Housing and Shelters

Catholic Charities.....	(217) 523-4551
Ronald McDonald House.....	(217) 528-3314
<i>(for parents of hospitalized seriously ill children)</i>	
Sojourn Shelter (Domestic Violence).....	1-866-435-7438

Child Abuse

Child Abuse Hotline.....	1-800-252-2873
Parents Anonymous Hotline (24 hrs.).....	1-800-843-5437
Child Help USA.....	1-800-422-4453
Child Advocacy Center.....	(217) 522-2241

Car Seat Information

St. John’s Hospital.....	1-800-392-6587
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Health Departments

Christian County Health Department.....	(217) 824-4113
Logan County Health Department.....	(217) 735-2317
Macoupin County Health Department.....	(217) 854-3223
Mason County Health Department.....	(309) 543-2201
Menard County Health Department.....	(217) 632-2810
Montgomery County Health Department.....	(217) 532-2001
Morgan County Health Department.....	(217) 245-5111
Sangamon County Health Department.....	(217) 535-3100
Scott County Health Department.....	(217) 742-8203